



## **DV-alert Awareness Session**

Lifeline is committed to raising the awareness of domestic and family violence.

DV-alert awareness sessions are two-hour interactive presentation where individuals and groups can talk about the issue of domestic violence and what they can do to help make a difference.

## To enrol in a session, please visit www.dvalert.org.au

## At the end of the awareness session

- Identify the different signs and forms of abuse that constitute domestic and family violence
- Familiarise themselves with the Cycle of violence and Duluth wheels power and control, equality and empowerment
- Reflect on and share what they can do if they know someone who is experiencing domestic and family violence
- Have an opportunity to network with other individuals
- Receive tools and references for domestic and family violence support and referral

For enquiries please contact us at <a href="https://www.dvalert.org.au">www.dvalert.org.au</a>