



DV-alert

Domestic and Family Violence Response Training

1 Day Awareness Session Outline

Time	Duration	Session title
9.00am	40	Introduction and framing
9.40	50	RECOGNISE: What is Domestic and Family Violence (DFV)?
10.30	15	Check in
10.45		BREAK
11.00	45	RECOGNISE: Understanding DFV more
11.45	45	RESPOND: What can I do?
12.30		LUNCH
1.15	45	RESPOND: Skills and Safety
2.00	45	REFER: Where to refer?
2.45	15	Check in
3.00		BREAK
3.15	45	SELF CARE
4.00	30	Wrap up and close
4.30		CLOSE